

May Astrology Newsletter

Hey, Hi, Hello.

WHAT THE HELL EVEN WAS THAT. We will never experience an Aries Stellium to that extent again in our lifetimes. Things fell apart that weren't meant for our paths, politics kept getting weirder and darker, some karmic bonds and ties were finally able to be severed.

Moving into Taurus - the second sign of the zodiac - more stable but also more stubborn. We have a VERY RARE AND INTERESTING THREE MOON MONTH. It is Weaving in Scorpion, Taurus, and Sagittarius energy into our hearts and our feelers!

Lets JUMP right in y'all.

SUN (Taurus April 20th – May 20th)

The Sun in Taurus directs its energy towards practicality, stability, and sensory enjoyment. It emphasizes the importance of creating security, savoring the beauty of the natural world, and pursuing material comfort. This cosmic alignment promotes a deliberate and steady approach to life, prioritizing valued routines, patience, and tangible outcomes over swift transformations. The Sun cultivates a garden, providing the necessary patience to nurture and protect one's existence.

MERCURY (Aries 4/16 – 5/3, Taurus 5/4 – 5/17, Gemini 5/18 – 6/14)

The planet of communication dips into a few signs this month, giving us a few pausing moments of just going for it in Aries. For the last few weeks, we have been giving in to the drama—whether for better or for worse. On May 4th, it moves into Taurus—literally haunting us. “Am I saying this to be helpful or to cause some drama?” Our heads will guide us a little more than our guts—for better or for worse. And finally, we get to the depth of Gemini, trailing a few other planets that will already be here. This gives us a little duality to communication, providing us the headspace to see things from other people's perspectives a little easier.

VENUS (Gemini 4/25 – 5/19, Cancer 5/20 – 6/24)

The planet associated with love, beauty, art, and money is currently in the duality sign of Gemini. This sign and its transit are often misunderstood. Gemini enables us to view situations from our partners' perspectives, making challenging issues easier to comprehend. It also encourages us to express our artistic inclinations freely and explore our diverse creative interests.

Personally, I struggle with creativity due to a block stemming from childhood, yet every summer, I feel the urge to push my creative boundaries. Last year, I dove into tea blending, incorporating it into my passions. This year, we shall see what unfolds! There is no wrong way to embrace creativity.

This period also sparks innovative ideas for generating income and exploring different business ventures. When Venus transitions into Cancer on May 20th—ruled by the Moon—it typically fosters a nurturing atmosphere, rich in emotional depth and a desire for security. Partnerships tend to become more serious during this time, as do financial matters. If you're experiencing financial challenges, you might feel their impact during this transit. With Mercury in Gemini simultaneously, it's an excellent opportunity to brainstorm creative solutions for making ends meet.

MARS (Aries 4/19 – 5/18, Taurus 5/19 – 6/28)

The God of War is currently making his presence felt in his home sign, creating a powerful and energetic atmosphere surrounding our goals. You may have experienced impatience, feeling as though your efforts are not yielding progress due to slower-than-expected results. Personally, I've found myself frustrated with tourism in Asheville—since tourism directly impacts our businesses—causing me to overlook the healing strides I have made during this extra time at home.

Transition to Taurus

As Mars transitions into Taurus, expect a shift in approach. Mars finds itself in detriment in Taurus, moving away from its fiery essence towards a more grounded, earthy energy. You'll likely notice a focus shift towards security and stability, rather than rapid progress. Actions will become slower and steadier, requiring a bit more patience as we begin to see the fruits of our labor.

However, it's essential to avoid becoming too possessive, stubborn, or even complacent. Strive to find a balance between being rash and overly intense, and being stubborn to the point of inertia.

Full Moon in Scorpio (May 1st) Flower Moon

Known as the Flower Moon, this phase signifies a period of emotional blossoming and significant transformation.

Scorpio embodies the fearless analyst, delving deep beneath the surface. This Moon serves as a cosmic mirror, revealing hidden desires, secrets, and emotional blind spots. In the realm of the Scorpion, creation and destruction dance together. You may find yourself challenged to confront what must be let go or dismantled to make way for new growth. This will be a “micromoon,” as the Earth and Moon are farther apart than usual. While it may appear slightly smaller, its impact will still be profound.

Key Astrological Aspects During This Full Moon

- **Square to Pluto:** This Moon forms a challenging square to Pluto, its modern ruler. This alignment can uncover deeply buried pain, unconscious fears, or power dynamics that require healing and transformation.
- **The Boomerang Yod:** A rare and fated configuration known as a “Boomerang Yod” involves the Scorpio Moon, Venus in Gemini, and Saturn in Aries. This setup emphasizes issues related to relationships, finances, and commitment, urging necessary emotional adjustments.
- **Mars Square Jupiter:** Mars, the ancient ruler of Scorpio, squares Jupiter in Cancer, which may amplify impulsivity and a restless desire to take risks.

- Mercury Conjunct Chiron: Occurring simultaneously in Aries, this aspect brings “wound stories” to the forefront, providing an opportunity to rewrite them from a place of healing rather than pain.

Use this Moon as a chance to observe your triggers, highlighting areas where healing is needed. Anticipate a sultry and secretive atmosphere, where simmering attractions may surface, or confessions might come to light. Scorpio governs shared resources; be cautious with loans, taxes, and joint ventures during this time. It is also a potent moment to release attachments based on fear rather than love.

Beltane (May 1st) “Bright Fire” in Gaelic

Beltane is an ancient Celtic fire festival traditionally celebrated on May 1st. This festival marks the midpoint between the spring equinox and the summer solstice, heralding the arrival of summer. Historically observed in Ireland, Scotland, and the Isle of Man, the ancient Celts relied on Beltane to time the movement of livestock to summer pastures. Communities would light twin “need-fires” on hilltops, and cattle were driven between them to ensure protection, health, and fertility for the herd throughout the year.

This festival celebrates fertility and growth, often symbolized through the union of the May Queen and the Green Man. It is also believed to be a period when the veil between worlds is thin, facilitating interaction with nature spirits and the faerie realm. Following the Christianization of the region, many Beltane customs were suppressed or merged with secular May Day festivities, such as Maypole dances, which have endured as a cherished folk tradition across Europe.

In North America, contemporary celebrations blend these ancient Gaelic roots with local community events, ranging from intimate backyard rituals to large public festivals.

Some Rituals and Activities Include:

- Maypole Dance: Use a pole adorned with multi-colored ribbons to dance and weave patterns, symbolizing the union of creative energies and communal balance.
- Sacred Fire: Safely ignite a bonfire, a small fire, or even red and white candles to represent passion and purification. Jumping over the dying embers is a classic ritual for good luck and vitality.
- Adornment with Nature: Gather seasonal flowers to weave flower crowns or decorate “May Baskets” as gifts for neighbors. Traditionally, yellow flowers such as hawthorn or primrose were used to symbolize fire.
- Offerings to the Fae: Leave small gifts of milk, honey, or fresh bread at the edge of your property on a “faerie altar” to invite blessings from nature spirits.
- Morning Dew: A centuries-old folk custom involves rising before dawn to wash your face in the morning dew, promoting beauty and youthfulness.

New Moon in Taurus (May 16th)

This New Moon brings a grounded, productive energy, emphasizing the importance of strengthening financial security while savoring life's pleasures. In conjunction with Uranus, this lunation encourages breaking free from stagnant mental patterns, ushering in unexpected new beginnings and innovative approaches to material stability. As the highlight of Taurus Season, this Moon is further enhanced by a beneficial connection to Jupiter,

which amplifies opportunities for growth and new endeavors. The Sun and Moon are aligned with Mercury in Taurus, fostering clear, methodical, and committed communication regarding long-term plans.

Major Astrological Aspects

- **New Moon Conjunctions:** The Sun and Moon are closely aligned with Mercury (communication) and Uranus (innovation, rebellion) in Taurus, highlighting a grounded breakthrough in your personal and financial life.
- **Venus in Cancer:** As the ruler of this New Moon, Venus in Cancer (starting May 16th) shifts the focus toward nurturing your financial security and making emotional investments.
- **Mars Entering Taurus:** On May 18th, Mars brings stamina and persistence, enabling steady progress on initiatives that begin during the New Moon.

You can harness this energy by setting intentions focused on improving your financial health, building self-worth, and enhancing physical comfort. Take the time to slow down and nurture this energy. This phase is deliberate; focus on enjoying the journey rather than rushing to results. Allow the chaotic energy of Uranus to inspire new ideas that can be put into practice. Use this period to indulge your senses and acknowledge your accomplishments.

Full Moon in Sagittarius (May 31st – Blue Moon)

This is a unique occurrence; having two full moons in one month is quite rare. I interpret these exceptional transits as a sign that we, as a collective, need a greater push. Full Moons are inherently about setting intentions and releasing what no longer serves us, while also highlighting the themes of Sagittarius, such as adventure, truth-seeking, expansion, and higher purpose.

Core Themes

- Personal freedom
- Truth
- Adventure
- Philosophical shifts
- Higher education

As a Fire Sign governed by Jupiter, this Moon encourages us to close chapters that no longer resonate with our true selves. It invites us to consider the broader picture of our lives and aspire for even greater heights.

This period is also a potent time for shedding limiting and restrictive mental frameworks, allowing us to embrace a new, expansive vision. Additionally, it is an ideal moment for personal reflection, letting go of outdated goals, and planning for future growth.

May is a month filled with three significant lunar events, setting the stage for a vibrant launch into summer with fresh and authentic energy.

Please reach out to themirrorhealing@gmail.com for custom natal chart readings, herbal remedies, and rituals.
This month is BEAUTIFULLY ABUNDANT in the heart of Taurus Season.